



**Handbook 2013-2014**

**About the Delaware River Wrestling League:Website Link**  
[Delaware River Wrestling League](#)

**Delaware River Wrestling League**  
**420 Pennington-Titusville Rd**  
**Titusville, NJ 08560**

**EIN# 26-3736855**

**PRESIDENT: Rick Anderson 609-818-9095(W) 609-575-8087 (C)**  
**SECRETARY: John Lupisella 609-818-3270 (W) 215-622-7619 (C)**  
**TREASURER: Vickie Lupisella 215-862-6322(H) 215-622-7620 (C)**

**MISSION STATEMENT:** The Delaware River Wrestling League (DRWL) is designed to introduce kids to traditional folk style wrestling. We are committed to helping each child develop basic and advanced wrestling skills in a fun competitive environment. We are a non-profit corporation registered with the State of New Jersey.

### **PHILOSOPHY**

Our goal is to give each wrestler 2-3 competitive matches per meet. We do not use a dual meet format, which oftentimes results in many forfeits, or pits highly advanced wrestlers against inexperienced wrestlers. These types of matches rarely last longer than 30 seconds and are a waste of time for both wrestlers and their parents. In the DRWL, teams don't compete against each other; instead they work together to give every wrestler in the league the opportunity to advance their skills by providing highly competitive matches against opponents with similar experience. We emphasize good sportsmanship and continuous improvement of skills over win-loss records. In fact, a coach is doing a great job in our league if their wrestler's record is .500.

### **LENGTH OF SEASON**

Tri- meets will start the weekend of January 4, 2014 for six straight weekends and will end after the League Tournament on Sunday February 16<sup>th</sup>, 2014. Matches are held on Saturday or Sunday depending on when the

hosting team can obtain the gym space at their respective locations. The league tournament is scheduled for Sunday February 19<sup>th</sup>, 2011 at Del Val.

## **SCHEDULING PROCESS**

The process of scheduling for the 6-week regular season begins in September. Teams submit gym requests to their respective school districts for specific Saturdays or Sundays of the season and inform the league secretary of the dates they have requested. Once these dates are confirmed and all the host slots are filled, the league can begin assigning visiting teams to each of the hosting sites for each week. This process is completed by December 15<sup>th</sup> of each year.

## **LEAGUE FEES**

League fees are \$500 and are used to pay officials throughout the season. Invoices for the season are sent out November 1<sup>st</sup> and are due by December 15<sup>th</sup>. Please submit them to your respective recreation departments or club treasurer as soon as you receive them. Checks should be made out to: **“Delaware River Wrestling League”** and sent to

**Vickie Lupisella**  
**DRWL Treasurer**  
**230 Riverwoods Dr**  
**New Hope, PA 18938**

## **WEEKLY PREPARATION FOR MATCHES**

On the Monday preceding the match, the hosting team will contact the visiting team(s) coaches to request an ATTENDANCE ROSTER and to inform them of the time that all wrestlers need to ARRIVE at the hosting facility. ATTENDANCE ROSTERS ARE COMPRISED OF ONLY THOSE WRESTLERS THAT HAVE CONFIRMED THEIR INTENT TO ATTEND. THEY ARE NOT SIMPLY A COMPLETE LIST OF ALL THE WRESTLERS REGISTERED IN YOUR PROGRAM. Attendance rosters are usually due by Thursday night for Saturday matches and by Friday night for Sunday matches. Obtaining an accurate attendance roster gives the hosting team time to pre-run the program in Matchman. This will allow them to determine if any wrestlers are “unmatchable”. If this happens, then the coaches can inform the parents and save them the trip.

**Visiting teams are asked to provide 2 volunteers (Scorekeeper & Timer) to run a mat table. Be sure to recruit your volunteers during the week.**

**MATCHES:**

The matches will consist of 3 teams. Each wrestler should have 2 or more bouts. The matches will take about 3 hours to complete. Most hosting facilities will have two full mats. One mat is divided in half and is used for the smaller wrestlers (40-70lbs) and the second mat is a full circle for the larger wrestlers (>70lbs). Periods are 1 minute each.

**Week 1: Jan 4 or 5**

**Week 2: Jan 11 or 12**

**Week 3: Jan 18 or 19**

**Week 4: Jan 25 or 26**

**Week 5: Feb 1 or 2**

**Week 6: Feb 8 or 9**

**League Tourney: SUNDAY Feb 16<sup>th</sup> @ TBD**

**OFFICIALS:**

The Delaware River Wrestling League uses high school varsity “Non-Certified” wrestlers or PA or NJ certified officials for their officiating.

*Non-Certified Officials* are paid \$15/hour with a \$50 max. They are recruited by the hosting teams and should be officially listed as volunteers in their program. This provides them with the same liability protection as the coaches have.

*Certified Officials* from either PA or NJ are paid \$30/hour with a \$100 max. The referees need to fill out the appropriate voucher form (non-certified or certified).

If they wish, the hosting team can pay the referees at the end of the meet and then submit the vouchers to the league for re-imbursement. Completed vouchers should be mailed as soon as possible to:

**Vickie Lupisella**  
**Treasurer DRWL**  
**230 Riverwoods Dr**  
**New Hope, PA 18938**

## MATCH MAN PROGRAM:

The wrestlers will be entered into a program by name, age, weight and rating (skill level). The rating is 1 through 6, 1 being a beginner and 6 being the most experienced or advanced. A "1" can wrestle a 1 or 2 ---A "2" can wrestle a 1,2 or 3---- A "3" can wrestle a 2,3 or 4  
A "4" can wrestle a 3,4 or 5-----A "5" can wrestle a 4,5 or 6.----and a "6" can wrestle a 5 or 6.

The matching parameters that the league will use in Matchman are as follows **AGE** (+/- **1.3 years**) , **WEIGHT** (+/- **7%-10% body weight**), **RATING** +/- **1**. A training session for using this program is usually held in Mid-December for first time users and for anyone who would like a refresher. Contact John Lupisella for training. The parameters on the auto match window should be as depicted in the photo below.

Auto Match

	Allowable Difference			
	Ideal	Max.		
<input checked="" type="checkbox"/> Age	0	1.3	Years	<input checked="" type="checkbox"/> Composite Match
<input checked="" type="checkbox"/> Weight	7	10	%	<input type="checkbox"/> Same-Team Matches
<input checked="" type="checkbox"/> Skill	0	1	Levels	
Min Bouts	3	4	Max Bouts	Match

## Ratings Guide

**NOTE:** For the 2014 Season the league will allow a ½ pt rating system to be used. This will encourage coaches to upgrade wrestlers by ½ point increments. For example, a 2.5 would be paired against 2's and 3s, but not 4's or 1's. This allows coaches to move kids up gradually. For example, your best "1" wrestler can be moved up to a "1.5" and this will ensure that the highest rated wrestler they will encounter is a "2". Please examine your roster weekly and do not be afraid to bump up those you feel are ready. This will make for much better competition for them, which is what each wrestler needs in order to improve.

# DELAWARE RIVER WRESTLING LEAGUE RATINGS GUIDE

## Rating = 1

- A wrestler rated a 1 is usually a first year wrestler. If you have never seen them wrestle outside of practice in a real match, you can't be sure of how well they will perform. Therefore, rate them a 1 to start. After 2-3 weeks, if you see that they are slaughtering all of their 1 rated opponents and are also beating the occasional 2 rated wrestler they face, then they should be elevated to a 2. However, if they win half their matches against 1 rated wrestlers and lose to every 2 they face, then you should keep them at a 1.
- A rating of 1 is not limited to first year wrestlers. Obviously, if a wrestler has never won a match and is in his 2<sup>nd</sup> year of wrestling, he should stay at 1.

## Rating = 2

- A wrestler rated a 2 is usually a second year wrestler or as stated above they are a 1<sup>st</sup> year wrestler who is easily beating 1 rated wrestlers or they may have also beaten a 2 rated wrestler.
- They may have ended their first year as a 1 rated wrestler, but have improved after attending camps or clinics and the coach feels they are ready to move up. Move them up to a 2 and see how they do. **If you were correct they should win close to half their matches vs 2 rated opponents.**
- A 2 rated wrestler has a few moves which they are comfortable with. They tend to try to run these moves no matter what they are presented with. They do not improvise during a match based on what their opponent is doing.
- A 2 rated wrestler wins half the time against other 2 rated wrestlers. They are able to hold their own against a 3 but usually lose. They may beat a 3 rated wrestler once in 4-5 attempts.
- If a 2 rated wrestler is beating 3 rated wrestlers more than 30% of the time they should be elevated to a level 3.

## Rating = 3

- A 3 rated wrestler is one who has developed instinctive reactions. For example, they use a variety of set-ups to singles and doubles rather than relying entirely on speed or athletic ability. They are aware of what their strengths and weaknesses are. They are emotionally mature enough to continue wrestling hard when they are losing. They have come from behind to win a close match or even may have pinned an opponent that they were losing badly to at the time.
- Despite all of the above they are still win only half of their matches against 3 rated wrestlers.

- A 3 rated wrestler may get pinned by another 3 rated wrestler. It doesn't mean that the winner is rated too low.
- A three will rarely beat a 4. It is possible, but it would be an extremely close match. A 3 should never slaughter a 4.

### **Rating = 4**

- A 4 rated wrestler usually has 4 or more years of experience. They may come from a "wrestling family" and have been around wrestling their entire lives. They wrestle year round and attend camps in the summer.
- Although they are successful they are serious at practice. They want to become even better.
- They will almost always beat 3 rated wrestlers pretty handily.
- They are confident in their ability and will integrate new moves into their matches.
- They use a variety of moves and will improvise during a match in response to what their opponents present them.
- They are solid in all phases of wrestling. They can wrestle offensively or defensively on their feet.
- They are aware of where they are on the mat at all times. They know the rules of wrestling very well and know what they need to do to secure a takedown ruling from the ref in a questionable situation.

### **Rating = 5**

- A 5 rated wrestler has been wrestling at the 4 level for 2 years. They are oftentimes in 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grade.
- They can compete at the high school level.
- They are able to compete and place in regional or national tournaments.

### **Rating = 6**

- A 6 rated wrestler is a phenomenal wrestler.
- They can compete and win at the high school level.
- They are able to win at the regional or national tournament level.

## PREPARATION OF ATTENDANCE ROSTERS

### Roster File Format

Each week you must prepare your roster for submission to the host team. In order for it to work in the Matchman program it must be prepared in Microsoft Excel in the following format and saved as a .csv file.

Name                                      Age                      Weight              Rating

Smith, Tommy	6.75	35	1
Porter, Joey	8.72	42	2
Andrews, Dave	10.58	43	1.5
Ferguson, Ricky	8.47	43	4
King, Mat	6.49	45	6

### How to Covert a Date of Birth into a “Decimal” Age

The screenshot shows the Microsoft Excel interface with the following data and annotations:

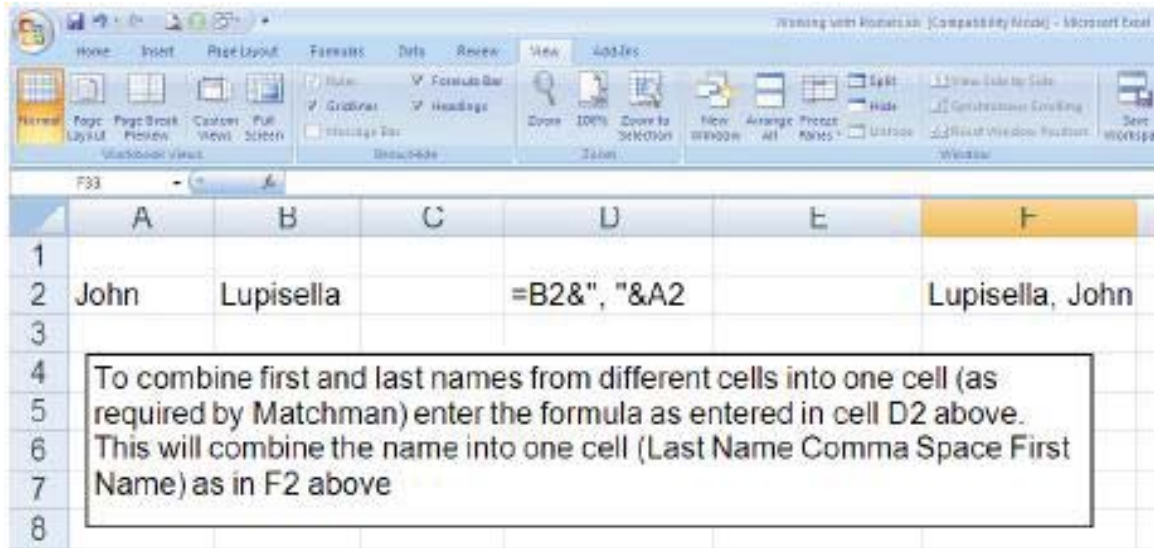
	A	B	C	D	E	F	G	H	I
1									
2					Date of Tri-Meet	2/1/2014			
3									
4	First	Last	D.O.B.						
5	Ben	Lupisella	12/1/2000		=(F52-C5)/365.25	13.16906			
6									
7									
8									
9									
10									
11									
12									
13									

Annotations:

- 1.) Type 2/1/2014 here. We will use this date to determine each wrestlers "decimal age".
- 2.) Type the formula  $=(F52-C5)/365.25$  into the cell you wish to return the decimal age of the wrestler. Click on this cell to see the formula.



## How to Combine Last Name and First Name into the Same Cell



The screenshot shows the Microsoft Excel interface with the following data:

	A	B	C	D	E	F
1						
2	John	Lupisella		=B2&"", "&A2		Lupisella, John
3						
4	To combine first and last names from different cells into one cell (as required by Matchman) enter the formula as entered in cell D2 above. This will combine the name into one cell (Last Name Comma Space First Name) as in F2 above					
5						
6						
7						
8						

## **MATCHMAN INSTALLATION INSTRUCTIONS**

- 1.) Go to this link  
<http://www.grapevinewrestling.org/Links.asp?snid=jNLB%5E0L%3E%5D&org=grapevinewrestling.org>
- 2.) Click on “Matchman 8”
- 3.) Save the Matchman-8.zip to your flash drive
- 4.) Go back to the website
- 5.) Click on Matchman-10.upgrade
- 6.) Save this to your flash drive also
- 7.) **AT THIS POINT YOU SHOULD CLOSE ALL OTHER APPLICATIONS THAT ARE OPEN ON YOUR COMPUTER**
- 8.) Now go to your flash drive and double click on Matchman-8.zip
- 9.) Select all, then click on the “Extract” button, extract to your flash drive. This will create a folder called “Package” on your flash drive.
- 10.) Double Click the Package Folder
- 11.) Click on the setup.exe file
- 12.) Click “OK” on the “Welcome to Matchman Installation Program” Window
- 13.) Select “Change Directory”
- 14.) Choose the destination of the program to be your flash drive
- 15.) Then click the button that says “Click this button to install MatchMan software to the specified destination directory”
- 16.) At this point Matchman 8 is installed on your flash drive
- 17.) **TO UPGRADE TO VERSION 10** do the following
- 18.) Double Click on the “Matchman-10-upgrade.zip” which you previously extracted to your flash drive
- 19.) Click the “Extract” button
- 20.) Extract to your flash drive
- 21.) You will be asked if you would like to replace the same file that is already on your flash drive- Click YES
- 22.) **YOU ARE DONE**

When you launch Matchman.exe from your flash drive pay attention to the version it should say Version .10.

***Also remember to do the following when using Matchman***

- 1.) Always save all .csv rosters (ie: Trenton.csv, EastBrunswick.csv,) to your flash drive. Do this by opening them first and then saving them as .csv files to the flash drive. **DO NOT** “Drag and Drop” the files onto the flash drive. Matchman doesn’t like that.
- 2.) Never discard any text files such as Teams.Csv, Restore.Csv, ST6UNST.LOG etc. or the .Csv files
- 3.) Also, never discard any of the .Txt files that appear in your flash drive. These are re-written every time you click the “Write Files” button in Matchman.
- 4.) When you go to print the BoutSheets.Txt right click on the file and open with Microsoft Word. Go to page setup and select “Landscape” this will then print one bout sheet per page.

**IF YOU HAVE PROBLEMS CALL JOHN LUPISELLA @ 215-622-7619 (cell) or 609-818-3270 (work) 215-862-6322 (Home)**

## **2013-2014 Teams**

1. Hopewell Valley
2. Trenton
3. Ewing
4. South Brunswick
5. Del Val
6. Solebury
7. Warminster
8. SEPA
9. CB Raiders
10. Truman
11. Father Judge
12. East Brunswick
13. Montgomery

## **Hopewell Valley Bulldogs**

**Website:** <http://www.hopewellvalleywrestling.com>

**Head Coach:** Ron Venezia

**Cell:** 609-462-2573

**Office:** 609-462-2573

**E-Mail:** [rovenezia@verizon.net](mailto:rovenezia@verizon.net)

### **Location of Host Site:**

Hopewell Valley Central High School  
259 Pennington-Titusville Road  
Pennington NJ 08534

### **Additional Contacts**

**Coach:**

**Cell:**

**Home:**

**E-Mail**



## **Solebury Youth Wrestling**

**Website:** <http://www.soleburywrestling.com>

**Head Coach:** John Lupisella

**Cell:** 215-622-7619

**Office:** 609-818-3270

**E-Mail:** [john.lupisella@bms.com](mailto:john.lupisella@bms.com)

### **Location of Host Site:**

New Hope-Solebury High School

182 W. Bridge St

New Hope, PA 18938

### **Additional Contacts:**

**DRWL Treasurer:** Vickie Lupisella

**Home:** 215-862-6322

**Cell:** 215-622-7620

**E-Mail:** [jvlupisella@comcast.net](mailto:jvlupisella@comcast.net)



## **Ewing Little Devils Wrestling**

**Website:** N/A

**Head Coach:** Dashawn Tye

**Cell:** 609-273-2739

**E-Mail:** [Tye@princeton.edu](mailto:Tye@princeton.edu)

### **Location of Host Site:**

Fisher Middle School

1325 Lower Ferry Road

Ewing, NJ 08618

### **Additional Contacts:**

**P&R Director:** Ted Forst

**Cell:** 609-209-3190

**Office:** 609-883-1776 ext 6203

**E-Mail:** [tforst@ewingnj.org](mailto:tforst@ewingnj.org)

**Coach:** Dashawn Tye

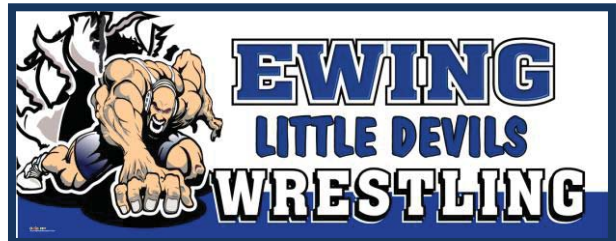
**Cell:** 609-273-2739

**E-Mail:** [Tye@princeton.edu](mailto:Tye@princeton.edu)

**Head Coach:** Mohamed Omara

**Cell:** 609-558-7250

**E-Mail:** [omaram10@yahoo.com](mailto:omaram10@yahoo.com)



## **Truman Rams Wrestling & Cheerleading**

**Website:** <http://www.trumanrams.com>

**Head Coach:** Justin Stone

**Cell:** 215-416-1288

**Office:**

**E-Mail:** [justinstone@trumanrams.com](mailto:justinstone@trumanrams.com)

**Location of Host Site:**

Neil A Armstrong Middle School

475 Wistar Rd

Fairless Hills, PA 19030

**Additional Contacts:**

**Coach/Director:** Dana Stone

**Cell:** 215-416-0762

**Office:** 215-785-1114

**E-Mail:** [danastone@trumanrams.com](mailto:danastone@trumanrams.com)

**Coach:** Joe Goldey

**Cell:** 215-778-7460

**E-Mail:** [joegoldey@verizon.net](mailto:joegoldey@verizon.net)



## **Southeast PA Wrestling (SEPA)**

**Website:** <http://www.sepawrestling.com>

**Head Coach:** Joe Erb

**Cell:** 215-380-3499

**Office:** 215-676-7575

**Home:** 267-907-4807

**E-Mail:** [jerb@mullerbev.com](mailto:jerb@mullerbev.com)

**Additional Contacts:**

**Coach:** Kurt Paroly

**Cell:** 215-595-4526

**E-Mail:** [sepawrestling@aol.com](mailto:sepawrestling@aol.com)

**Coach:** John McCool

**Cell:** 267-393-5526

**E-Mail:** [mccool002@yahoo.com](mailto:mccool002@yahoo.com)

**Coach:** Pete Lederer

**Cell:** 215-595-6582

**E-Mail:** [Pete.lederer@gmail.com](mailto:Pete.lederer@gmail.com)



## **South Brunswick Vikings P.A.L. Wrestling**

**Website:** <http://sbpalsports.org/wrestling-home.html>

**Head Coach:** Martin Castimore

**Cell:** 732-266-1802

**Office:** N/A

**Home:** 732-422-0432

**E-Mail:** [mdc518a@yahoo.com](mailto:mdc518a@yahoo.com)

### **Location of Host Site(s):**

South Brunswick High School  
750 Ridge Rd.

Monmouth Junction NJ, 08852

Cross Roads South Middle School  
195 Major Rd.

Monmouth Junction NJ, 08852

### **Additional Contacts:**

**Coach:** Dan Boyle (Treasurer)

**Cell:** 732-690-0846

**E-Mail:** [djboyle@yahoo.com](mailto:djboyle@yahoo.com)



## **Del Val Wildcats Wrestling Club**

**Website:** <http://www.delvalwrestling.com/index-wildcats.asp>

**Head Coach:** Bob Emmons

**Home:** 908-200-1247

**Office:**

**E-Mail:** [bemmons127@yahoo.com](mailto:bemmons127@yahoo.com)

### **Location of Host Site:**

Delaware Valley High School  
19 Senator Stout Rd.

Frenchtown, NJ 08825

### **Additional Contacts:**

**Director:** Sharon Lightner

**Cell:** 908-391-5352

**Home:** 908-996-3080

**E-Mail:** [slightner100@yahoo.com](mailto:slightner100@yahoo.com)

**DV  
WRESTLING**



**Warminster Spartans Youth Wrestling Club**

**Website:** <http://www.spartanyouthwrestlingclub.com/>

**Head Coach:** Tom England

**Cell:** 267-968-0492

**Home:**

**Office:**

**E-Mail:** [tomengland0@gmail.com](mailto:tomengland0@gmail.com)

**Location of Host Site:** N/A

**Additional Contacts:**

**Coach:** Dave Armstrong

**Cell:** 267-767-9938

**Home:**

**E-Mail:** [jennyarmstrong34@msn.com](mailto:jennyarmstrong34@msn.com)

**Coach:** Lou deFonteny

**Cell:**

**E-Mail:** [loudfont@msn.com](mailto:loudfont@msn.com)



**Trenton Youth Wrestling Club**

**Website:** <https://sites.google.com/site/trentonwrestling/home>

**Head Coach:** Larry Parker

**Cell:** 609-947-4608

**Home:**

**Office:** 609-278-7289

**E-Mail:** [LPARKER@trenton.k12.nj.us](mailto:LPARKER@trenton.k12.nj.us)

**Location of Host Site:**

Trenton Central High School

400 Chambers St.

Trenton, NJ 08609

**Additional Contacts:**

**Coach:** Ken Hyman

**Cell:** 609-668-2303

**Home:**

**E-Mail:** [hymanken@yahoo.com](mailto:hymanken@yahoo.com)



## **Father Judge Junior Crusaders Wrestling**

**Website:** N/A

**Head Coach:** John Wildonger

**Cell:** 267-977-3032

**Home:**

**Office:**

**E-Mail:** [juniorcrusaders@yahoo.com](mailto:juniorcrusaders@yahoo.com)

### **Location of Host Site:**

Father Judge High School

3301 Solly Avenue

Philadelphia, PA 19136

### **Additional Contacts:**

**Coach:** Keith Michalak

**Cell:** 215-219-9639

**Home:**

**E-Mail:** [Tyghdye@comcast.net](mailto:Tyghdye@comcast.net)



## **East Brunswick Wrestling Club**

**Website:** <http://www.ebwrestling.com>

**Head Coach:** Rick Perrine

**Cell:** 908-208-8393

**Home:**

**Office:**

**E-Mail:** [ricklperrine@gmail.com](mailto:ricklperrine@gmail.com)  
[teamdiretor@ebwrestling.com](mailto:teamdiretor@ebwrestling.com)

### **Location of Host Site:**

Churchill Junior High School

18 Norton Road,

East Brunswick, NJ 08816

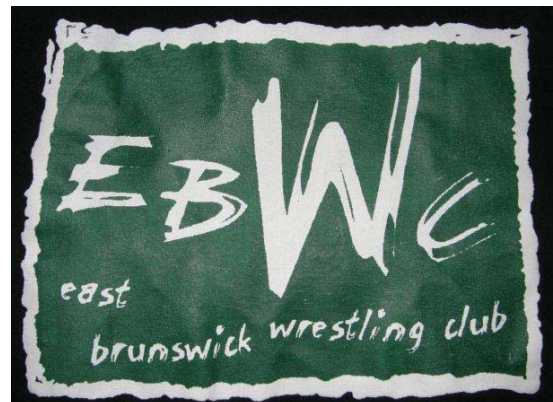
### **Additional Contacts:**

**Coach:**

**Cell:**

**Home:**

**E-Mail:**





## **Central Bucks Raiders Wrestling**

**Website:** <http://www.cbwrestling.org/>

**Head Coach:** Mark Neill

**Cell:** 215-499-5623

**E-Mail:** [neillcontracting@comcast.net](mailto:neillcontracting@comcast.net)  
[buckscountywrestlingacademy59@gmail.com](mailto:buckscountywrestlingacademy59@gmail.com)

### **Location of Host Site:**

Central Bucks East High School  
2804 Holicong Road  
Doylestown, PA 18902

### **Additional Contacts**

**Head Coach:** Mike Stoughton

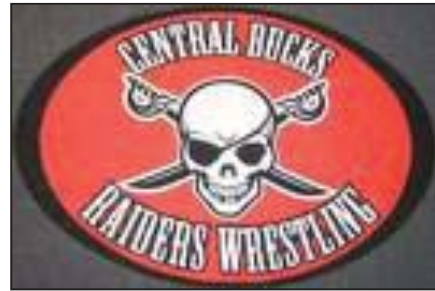
**Cell:** 209-814-2197

**E-Mail:** [mstoughton99@gmail.com](mailto:mstoughton99@gmail.com)

**Coach:** Anthony Tamburrino

**Cell:** 215-480-7831

**Email:** [Buckscountywrestlingacademy59@gmail.com](mailto:Buckscountywrestlingacademy59@gmail.com)



## **Montgomery Youth Wrestling Club**

**Website:** [www.montgomerywrestling.com](http://www.montgomerywrestling.com)

**Head Coach:** John Moyle

**Cell:** 609-480-5472

**Home:**

**Office:**

**E-Mail:** [john.moyle07@yahoo.com](mailto:john.moyle07@yahoo.com)  
[jtmoyle@BETCO.com](mailto:jtmoyle@BETCO.com)

### **Location of Host Site:**

Montgomery Township High School  
1016 County Road 601  
Skillman, NJ 08558

### **Additional Contacts:**

**Coach:** Bill Capuzzi

**Cell:** 732-309-3065

**Home:**

**E-Mail:** [Wcapuzzi@convergex.com](mailto:Wcapuzzi@convergex.com)



The schedule in this handbook is subject to change. Consult the DRWL website for the most current schedule. [Delaware River Wrestling League](http://www.delawarewrestling.com)

<b>WEEK 1</b>	<b>Date</b>	<b>Sunday 1/5/14</b>	<b>Sunday 1/5/14</b>	<b>Sunday 1/5/14</b>	<b>Sunday 1/5/14</b>
	<b>WRESTLERS ARRIVE @</b>	2PM	8AM	8AM	11AM
	<b>HOST SITE</b>	FR JUDGE	DEL VAL	HOPEWELL	CB RAIDERS
		SEPA	TRUMAN	EAST BRUNSWICK	SOLEBURY
		WARMINSTER	MONTGOMERY	EWING/TRENTON	S. BRUNSWICK
<b>WEEK 2</b>	<b>Date</b>	<b>Sunday 1/12/14</b>	<b>Saturday 1/11/14</b>	<b>Saturday 1/11/14</b>	<b>Sunday 1/12/14</b>
	<b>WRESTLERS ARRIVE @</b>	8AM	8AM	TIME TBD	8AM
	<b>HOST SITE</b>	SOLEBURY	TRUMAN	S. BRUNSWICK	HOPEWELL
		FR JUDGE	SEPA	EAST BRUNSWICK	MONTGOMERY
		EWING/TRENTON	CB RAIDERS	DEL VAL	WARMINSTER
<b>WEEK 3</b>	<b>Date</b>	<b>Saturday 1/18/14</b>	<b>Saturday 1/18/14</b>	<b>Sunday 1/19/14</b>	<b>Sunday 1/19/14</b>
	<b>WRESTLERS ARRIVE @</b>	TIME TBD	3:30PM	2PM	11AM
	<b>HOST SITE</b>	EWING/TRENTON	MONTGOMERY	FR JUDGE	CB RAIDERS
		WARMINSTER	S. BRUNSWICK	TRUMAN	DEL VAL
		SEPA	SOLEBURY	EAST BRUNSWICK	HOPEWELL
<b>WEEK 4</b>	<b>Date</b>	<b>Saturday 1/25/14</b>	<b>Saturday 1/25/14</b>	<b>Saturday 1/25/14</b>	<b>Sunday 1/26/14</b>
	<b>WRESTLERS ARRIVE @</b>	TIME TBD	8AM	TIME TBD	2PM
	<b>HOST SITE</b>	EWING/TRENTON	TRUMAN	S. BRUNSWICK	FR JUDGE
		CB RAIDERS	EAST BRUNSWICK	WARMINSTER	SOLEBURY
		MONTGOMERY	DEL VAL	SEPA	HOPEWELL
<b>WEEK 5</b>	<b>Date</b>	<b>Sunday 2/2/14</b>	<b>Sunday 2/2/14</b>	<b>Saturday 2/1/14</b>	<b>Sunday 2/2/14</b>
	<b>WRESTLERS ARRIVE @</b>	8AM	8AM	TIME TBD	11AM
	<b>HOST SITE</b>	SOLEBURY	HOPEWELL	S. BRUNSWICK	CB RAIDERS
		WARMINSTER	MONTGOMERY	EWING/TRENTON	FR JUDGE
		TRUMAN	SEPA	EAST BRUNSWICK	DEL VAL
<b>WEEK 6</b>	<b>Date</b>	<b>Sunday 2/9/14</b>	<b>Sunday 2/9/14</b>	<b>Saturday 2/8/14</b>	<b>Saturday 2/8/14</b>
	<b>WRESTLERS ARRIVE @</b>	8AM	8AM	8:30AM	8AM
	<b>HOST SITE</b>	SOLEBURY	DEL VAL	EAST BRUNSWICK	TRUMAN
		CB RAIDERS	SEPA	WARMINSTER	MONTGOMERY
		WARMINSTER	EWING/TRENTON	HOPEWELL	FR JUDGE
<b>WEEK 7</b>	<b>DRWL LEAGUE TOURNAMENT Sunday February 16th @ SOUTH BRUNSWICK</b>				